

# Better Living With Your Lung Disease

## Patient Seminar

Sydney 2017



You are invited

### Seminar Program

- 9:00am **Registration** — tea and coffee available
- 9:45am **Welcome from Lung Foundation Australia**
- 10:00am **Breathlessness and Oxygen Therapy**  
Ms Nicola Reed, Respiratory Clinical Nurse Specialist and colleague Dr Regina Leung, Pulmonary Rehabilitation Coordinator from Concord Repatriation General Hospital will explain the tests that are used to determine whether you need oxygen, how oxygen might benefit you and what the process is for obtaining oxygen.
- 10:45am **Morning Tea break**
- 11:15am **Emotional Wellbeing**  
Dr Brett Toelle, Psychologist and researcher for Woolcock Institute of Medical Research provides information on how to cope with lung disease and discuss the support systems available to maintain good mental health.
- 12:00 noon **Thank you and close**

To secure your place,  
please call

**1800 654 301**

RSVP: Thursday 14 September

Please let us know any dietary requirements at  
time of booking.

The room is air conditioned and may be cool.

Please bring a pen and paper if you wish to take  
notes.

### When and Where:

**Date:** Thursday 21 September

**Time:** 9.00am – 12.00 noon

**Venue:** Burwood RSL

96 Shaftesbury Rd

BURWOOD NSW 2134

**Cost:** \$10 payable on the day

**LOVE YOUR LUNGS CLUB MEMBERS:**

For discounted entry, please bring your membership card.

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*"When you can't breathe... nothing else matters"*

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