

Hello neighbour.

My name is:

I live at:

My phone number is:

If you are self-isolating due to COVID-19 I can help with:

- Picking up supplies
- A friendly phone call
- Running errands
- Walking a dog

Please help reduce the spread of COVID-19 by maintaining a 1.5m distance from others and washing your hands thoroughly and regularly.

Any items delivered should be left on the doorstep.



1800 654 301 | lungfoundation.com.au/donate

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