

Breezhaler®



Steps for using the Breezhaler®

1. Take the cover off
2. Open the mouthpiece
3. Remove capsule from the foil and insert into the chamber
4. Close the mouthpiece and tap gently on the table to make sure capsule is settled
5. Press the two buttons on the sides **once** and release
6. Breathe out gently, away from the device
7. Place lips around mouthpiece without biting and form a good seal
8. Breathe in quickly and deeply, and you'll hear a whirring sound
9. Hold breath for 5-10 seconds, or as long as comfortable
10. Breathe out gently, away from the device
11. Repeat steps 6 to 10 to ensure the capsule is empty
12. Tip out used capsule and discard
13. Wipe the mouthpiece with a dry tissue
14. Close the mouthpiece and replace the cover

How do I clean and store the Breezhaler®?

Clean the mouthpiece as needed with a clean tissue. Do not wash your inhaler with water. Do not take the inhaler apart.

Store the Breezhaler® in a dry place. Capsules must always be stored in the blister and only removed immediately before use. Don't store the capsules in the Breezhaler®.

Check the expiry date and ask your pharmacist about disposal of medicines.

Note: Refer to manufacturer's instructions for additional information on this inhaler device.