

# Respimat®

The Respimat® needs to be assembled and primed before you use it for the first time. Ask your pharmacist if they can do this for you. Steps for assembling, priming, and how to use your device are listed below.



## Steps for assembling a Respimat®

1. Ensure cap is left **on**, clicked in place covering mouth piece
2. Remove the clear base by pressing the safety catch button on the side
3. Insert cartridge; press down firmly on the device on a hard surface until cartridge is inserted (cartridge will not be completely flush with the base).
4. Replace clear base and push until you hear a click

**The device is now assembled and ready to be primed.**

## Steps for priming a Respimat®

1. Twist the base of the Respimat® to the right (in direction of the arrows) until it clicks
2. Point the Respimat® down away from you
3. Remove the cap and press the dark grey button to release the dose (you will see a cloud of mist coming out of the mouthpiece)
4. Replace cap

Repeat these steps another **three** times (4 times total)



**The Respimat® is now primed and ready for use.**

## Steps for using a Respimat®

1. Check the dose counter
2. Hold Respimat® upright and ensure cap is closed
3. Turn the base in the direction of the arrows until it clicks
4. Open the cap; breathe out gently, away from the inhaler
5. Place mouthpiece between teeth without biting and create a good seal with your lips (without covering the air vent)
6. Start breathing in, then press the button to release the dose. Continue to breathe in slowly and deeply
7. Remove Respimat® from your mouth, and hold your breath for 5 to 10 seconds, or as long as comfortable
8. Breathe out gently, away from the mouthpiece
9. Replace cap

The usual dose for Respimat® is 2 inhalations; be sure to check with your GP or pharmacist. If another dose is required, repeat **Steps for using a Respimat** as needed.

## When is the Respimat® empty?

- When the dose counter has reached the red zone, there are 7 days left and time to go to the pharmacy to get a new device.
- When the dose counter gets to '0', the device locks and you cannot turn the base or press the button.



## How do I clean and store the Respimat®?

Clean your inhaler mouthpiece with a clean, dry tissue before replacing the cover.

This medicine doesn't require any special storage conditions.

## Check the expiry date and ask your pharmacist about disposal of medicines.

Note: Refer to manufacturer's instructions for additional information on this inhaler device.