

## Turbuhaler®



### Priming the Turbuhaler®

Prior to using the Turbuhaler® for the first time, it needs to be primed. To prime the device take off the cap and while holding upright turn the base left, then right. Repeat this action again. The Turbuhaler® is now ready for use and the dose can now be loaded.

### Steps for using the Turbuhaler®

1. Unscrew and remove the cap
2. Put the device upright on a flat surface
3. Turn the base to the right then back to the left until you hear a click
4. Breathe out gently, away from the device
5. Place lips around the mouthpiece without biting and form a good seal, don't tip more than 90° horizontally.
6. Breathe in deeply and forcefully
7. Hold breath for 5-10 seconds, or as long as comfortable
8. Breathe out gently, away from the device
9. If extra dose is required, repeat steps 3 to 8
10. Wipe the mouthpiece with a dry tissue
11. Replace the cap

### When is the Turbuhaler® empty?

The Symbicort® Turbuhaler® (red base) has a counter that counts down to zero; once it gets to 20 the numbers change from black to red.

On other Turbuhalers®, a red line will appear at the top of the indicator window on the side of the device, which indicates that 20 doses are left (this is a good time to organise a new device). When the red line appears at the bottom of the window, the Turbuhaler® is empty.

### How do I clean and store the Turbuhaler®?

Wipe the inhaler with a clean, dry tissue after use. Do not wash any part of the Turbuhaler® or get it wet. Ensure cap is tightly closed and store in a dry place below 30°C.

### Check the expiry date and ask your pharmacist about disposal of medicines.

Note: Refer to manufacturer's instructions for additional information on this inhaler device.