



## Steps for using the Breezhaler

1. Take the cap off.
2. Open the mouthpiece.
3. Remove one capsule from the foil and place into the chamber.
4. Close the mouthpiece until it clicks.
5. Press the two buttons on the sides completely in, and then release. Only do this once. This puts a hole in the capsule so the medicine can come out when you breathe in.
6. Hold the inhaler horizontally but don't tip it upside down.
7. Breathe out gently, away from the inhaler.
8. Place lips around mouthpiece without biting and form a good seal.
9. Breathe in quickly and deeply. You should hear the capsule vibrating inside the inhaler.
10. Hold breath for 5-10 seconds, or as long as comfortable.
11. Breathe out gently, away from the inhaler.
12. Open the mouthpiece and check that the capsule is empty. If not, repeat steps 7 to 10.
13. Open the mouthpiece and tip used capsule into the bin.
14. Wipe the mouthpiece with a dry tissue.
15. Close the mouthpiece and replace the cap.

**Note: Do not shake the inhaler.**

## How do I clean and store the Breezhaler?

Clean the mouthpiece as needed with a clean tissue. Do not wash your inhaler with water. Do not take the inhaler apart. Store the inhaler in a dry place. Store the capsules in the foil packaging in a cool, dry place until it is time to use them. Do not store capsules in the inhaler.

**Check the expiration date on your medicine.** Ask your pharmacist how to safely get rid of any medicine you don't need.

**If you have any questions about using this inhaler, talk to your doctor, nurse or pharmacist.** Your inhaler will come with instructions. Always read these instructions for important information on how to use it.