

## Our 2023 Impact

To everyone who provided their support to Lung Foundation Australia during the fiscal year 2023, we extend our heartfelt gratitude. Your contributions, whether through allocated funds for our programs, personal donations, or the valuable hours you devoted to supporting our services; have made a profound and tangible difference in the lives of Australians living with lung disease and lung cancer. Below are just some of the outcomes that we were able to achieve throughout the year, thanks to your unwavering assistance.

## Supporting patients and carers to live their best lives

**4,724** health-related enquiries to our Information and Support Centre.





**1,366** telephone-based appointments with a nurse or social worker.

1,839,051
people connected
with resources,
support services and
programs through
our website.





4 consumer advisory committees shaping the work we do.

## Advocating for equity in lung health



**50+** government submissions for life-saving treatments, new medicines and policy change.

**150+** meetings held with consumer advocates, politicians, public servants and community allies.





four years.

**\$45 million** in Medical Research Future Fund grants awarded toward Chronic Respiratory Funding.

National Targeted Lung Cancer Screening program allocated \$263.8 million over



Supporting best-practice patient care and support



**3,492** healthcare professional registrations for learning sessions.

**10,973** health professionals in our community.





**26** clinical committees and networks.

**70** papers reviewed by COPD-X committee, 54 changes likely to impact clinical practice.



## Raising the profile of lung health



2,905 earned media

stories

about lung health reached 916 million.

105,260

people completed our online Lung Health Checklist.





581 people saw their GP after taking the checklist

with 161 reporting receiving a lung health diagnosis.



#### **Winner Prime Awards**

- Best Use of Data or Insights 2022

#### **Contents**

Welcome from our Chair and CEO	L
About us	5
Josh's story	6
Empowering people to live their best life	7
Creating a community of connection	8
Expert support just a call away	9
Bonnie's story	10
The power of giving	11
Our five-year progress	12
Driving policy reform in lung health	13
Stacey's story	14
Our fight against preventable disease	15
Our health professional programs	16
Changing lives through research investment	18
Reconciliation Action Plan	20
LGBTIQA+ lung health Community of Practice	21
Our team and culture	22
Board and governance	23
Our Corporate partners and supporters	24
Financials	26
How you can support us	28

#### **Strategic Partners and Alliances**

We also acknowledge our three major coalitions; the Australian Patient Advocacy Alliance, the Australian Chronic Disease Prevention Alliance and the Lung Health Alliance.







## Welcome from our CEO and Chair

2023 has been a transformative year for Lung Foundation Australia with a suite of new resources, programs and services assisting the 1 in 3 Australians living with lung disease and lung cancer.

We know lung disease and lung cancer does not achieve the same prominence or garner the attention or investment of many other health conditions, but this year we have started to see change.

Significant government investment in the new National Tobacco and Vaping Strategy has shone a spotlight on lung health and we are doubling our resolve to not let history repeat itself by allowing tobacco and vaping companies to suck in another generation.

After five years of advocacy by Lung Foundation Australia in partnership with our dedicated consumers, a new National Targeted Lung Cancer Screening Program is a reality, and will commence in July 2025. Governments in South Australia and Queensland are working with Lung Foundation Australia to pilot Specialist Lung Cancer Nurses and we are excited about the results of the pilot program, funded by the Commonwealth in Illawarra, and the immediate impact on quality of care.

Pulmonary fibrosis and interstitial lung disease research achieved a significant boost; the largest donation in our history with nearly \$8 million gifted to Lung Foundation Australia to find a cure for this disease.

Air quality, vaping, long COVID-19 and silicosis have made front page news throughout 2023 showing that lung health remains a vital issue and importantly there

is much more to be done. Our work in occupational lung disease has been substantially expanded with new Department of Health and Aged Care funding for new services to Together with our partners the Thoracic Society of Australia and New Zealand and Asthma Australia we are proud to have launched the Lung Learning Hub to bring the best lung health education to healthcare professionals. On behalf of our team, a special thanks to every supporter, donor and volunteer who generously gives so much to Lung Foundation Australia. Our thanks to our incredible leadership team, all our staff and volunteers for your support. With the Board we would like to acknowledge the hard work of consumer advocates, healthcare professionals and researchers in contributing to a future free from lung disease and lung cancer.

While we're proud to reflect on the progress of the past years, there is still much work to be done and we look forward to introducing the next stage of our continued evolution as we make Lung Foundation Australia one of the world's most innovative and effective lung health charities and a fearless leader of lung health and lung cancer policy, programs and research.

**Professor Lucy Morgan** Chairperson

Mark Brooke Chief Executive Officer



#### **About us**

Lung Foundation Australia is the only charity and leading peak body of its kind in Australia that funds life-changing research and delivers support services that give hope to Australians. Since 1990, we have been working to ensure lung health is a priority for all by promoting lung health and early diagnosis, advocating for policy change and research investment, raising awareness about the symptoms and prevalence of lung disease and championing equitable access to treatment and care.

#### **Our Vision**

Lung Foundation Australia enables life-saving lung health and lung cancer research, and champions programs so Australians with lung disease and lung cancer can live their best life.

#### **Our Mission**

By 2030, Lung Foundation Australia will be recognised as one of the world's most innovative and effective lung health charities and a fearless leader of lung health and lung cancer policy, programs and research.

#### **Our Values**

**Bold** Be proactive and take risks that achieve our Mission.

**Entrepreneurial** | Be focused on outcomes.

**Fair** Be equitable and work in the interests of all our stakeholders, particularly patients and their carers.

**Agile** | Create positive change.

**Innovative** Be inventive to achieve our Mission.

**Respectful** Be honest and work hard every day in every way - we are funded by the community, they should expect nothing less.



#### **Acknowledgement of Country**

Lung Foundation Australia acknowledges the Traditional Custodians of the lands on which we work throughout Australia and their unceded sovereignty of and continuing connection to land and sea. We pay our respects to their cultures and to Elders both past and present. We acknowledge the overrepresentation of Aboriginal and Torres Strait Islander people in lung disease and lung cancer. In the spirit of reconciliation, we recommit to working with communities to close the gap on lung health and build on the strengths of communities to lead and guide the path to healthy lungs for all.

Read more about our Reconciliation Action Plan (RAP) program including the formal endorsement of our inaugural Reflect RAP on page 20.

## Josh's story

Our dedicated support services for people living with lung conditions and their carers have continued to expand their impact within the community, including improved care for the growing number of people diagnosed with dust-related diseases.

Over the past year we have established a national telephone-based Silicosis Social Work and Support Nurse program. With the support of federal government funding, the telephone-based services are free for people living with silicosis, their family and carers.

Former stonemason Joshua Suwa, 35, was diagnosed with silicosis and associated scleroderma in 2019 after industry rumours about the dangers of the materials he was working with prompted Joshua to check in on his lung health.

"Silicosis has impacted my life, and my family's life in so many ways. Physically, mentally, financially," Mr Suwa said.

"When I was diagnosed there was no one available but my doctor, who was very good, but there is just so much to deal with on every level. Someone who can support and talk things through with you and knows what emotions you are going through - that's invaluable, both to me and to my family."



## 33

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Silicosis Support Services provide guidance and information across a range of topics:

- Processing a diagnosis
- Managing symptoms
- Wellbeing strategies
- Impact on family and relationships
- Social and practical assistance.

The program also offers a peer support group for people living with silicosis and another for caregivers and family members.

# Empowering people to live their best life

Lung Foundation Australia's Silicosis Support Services add to our existing offering of online, face-to-face and telephone-based services. These provide life-changing support to thousands of people living with lung conditions and carers yearly who might otherwise be left to walk the path alone.

## Our support services in 22/23

**35** information resources developed for patients including:



- **17** factsheets, booklets and checklists
- **9** webinars
- 9 on-demand videos.



**792** people connected with our in-house telephone nurse and social worker services.

11 new Specialist Lung Cancer Nurses recruited across NSW, QLD and SA.





new Lungs in Action programs opened.

Scan to read more about our support services here.



## Creating a community of connection

We now support more than 100 passionate volunteer Peer Support Leaders across the country, including Lynne Briscoe, who bring people together and make incredible contributions.

The impact peer support can have is immense, with 35% of those participating reporting an increase in feelings of confidence, connection and support.

Lynne lives with Chronic Obstructive Pulmonary Disease (COPD) and lung cancer; and feels the power of community in the work she does every day. She initially reached out to Lung Foundation Australia looking to join a group, but quickly stepped up to take on the leadership role.

"You just can't get enough information about what you're going through anywhere. I can't explain everything they did for me, it was like giving me my life back. And then they were looking for a leader and I thought, well, I can do that."

Upon becoming a Peer Support Leader, Lynne got back into gentle exercise, hoping to be a role model for others.

"I'm not saying it wasn't difficult, it was but I am so pleased even to do little things each day. You know, I can walk across the road now to see my neighbour. And I told [Lung Foundation Australia support staff], and they couldn't believe it. They were just so excited for me, they've been so beautiful and encouraging."

Being able to extend the same support for others living with COPD is hugely important to Lynne.

"I love the fact that I can be there as a support to people, and even if it's just a little thing it makes a big difference, doesn't it?

"I think it's wonderful Lung Foundation Australia are really progressive in what they are doing and in their research and support for everybody. So it's important we keep their services going, and support them, what they do is sorely needed in the lung health community."

#### Peer support highlights



**1,426** people participated in peer support.

Services expand to offer specialised groups across 17 condition types.





**21** new Peer Leader volunteers trained.

Over **100** volunteers supported.







Expert support just a call away

Our incredible Information and Support Centre team provide guidance, information and support, and connect Australians impacted by lung disease and lung cancer to relevant resources and support services. This free and confidential service is the very core of what Lung Foundation Australia is about.

We offer access to our free telephone-based Respiratory Care Nurses, Lung Cancer Support Nurses, and Social Worker, plus a range of peer support programs, exercise programs and resources and information.

In the year following their Respiratory Care Nurse appointments, patients report improved self-management strategies which reduced their need to visit a GP or present to a hospital. They also report better quality of life and a reduction in flare-ups.



The Respiratory Care Nurse service is informative, reassuring, kind, helpful, non-judgemental and patient.

- Helen, living with COPD

#### A spotlight on our telephonebased nurse programs

#### After being supported by a Respiratory Care Nurse:

- 81% increase in the number of people living with COPD owning a written action plan
- 46% increase in the number of people living with COPD referred to pulmonary rehabilitation
- 62% increase in the number of people living with bronchiectasis with an airway clearance program
- 96% increase in the number of people living with bronchiectasis having a prescribed exercise program to support their lung health
- 100% highly satisfied with the service.

## People engaging with the Lung Cancer Support Nurse report:

- 89% uptake of the referral pathways offered to reduce the burden of their symptoms
- 30% increase in accessing much needed psychological support.

#### On the ground support

We are incredibly proud to continue to improve access to specialist nurse care with 11 Lung Foundation Australia Specialist Lung Cancer Nurses (SLCNs) now recruited in New South Wales, Queensland and South Australia.

#### SLCN care highlights:



**445** people with suspected or confirmed lung cancer received clinical and supportive care.



**35** people referred to our telephone-based lung cancer nurse program.



**3** nurse-led clinics established by SLCNs.

## Bonnie's story

For Bonnie Boezeman, AO DSG, passionate philanthropy is a way of life. A keen golfer, who also sponsors a Junior Girls Scholarship program for the sport (which she credits as being excellent for her lung health) Bonnie is a firm believer in the power of giving.

"My philosophy was and still is, why do people wait until they die and leave their donations to their favourite charities? Why not give whilst you are living, and you can smile knowing you have helped someone in an area, such as Lung Foundation Australia," Ms Boezeman said.

"Guess what? It makes you feel so good. I know it has helped me deal with my lung disease, bronchiectasis, which I was diagnosed with in 2018 after years of chronic pneumonia.

"Getting information and help to people with lung diseases is something which cannot happen without donations and funding, but it is so important, it really can transform lives right now, it's not something which is years away in the future.

"Giving just a little, whatever you can, to an organisation like Lung Foundation Australia might make all the difference between a death sentence and a happy, full life for so many people."

Ms Boezeman's ongoing donations have already had an incredible impact, including helping to establish vital information and nursing services for people with bronchiectasis.

"Giving to a cause like this makes you happier and healthier, and does the same for others in need," she said.

33

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Lung Foundation Australia couldn't exist doing the work we do without the incredible support we receive from the community through fundraising of all different sorts, and we are grateful for every dollar.

Whether it's through regular pledges, community giving, bequests in estates or any of the myriad of ways people give, Lung Foundation Australia can fund life-changing research. We can deliver support services that give hope to people living with lung disease or lung cancer; the only charity and leading peak body of its kind in Australia to do so.

Since 1990, we have been working to ensure lung health is a priority for all. From promoting lung health and early diagnosis, advocating for policy change and research investment, raising awareness about the symptoms and prevalence of lung disease and championing equitable access to treatment and care.

#### Hope Research Fund for Lung Health

The Hope Research Fund amplifies investments into life-changing advancements in lung disease and lung cancer research, with the powerful pledge to raise and invest \$50 million by 2030.

Thanks to pledges and gifts from our passionate community, as well as our own \$1 million investment, the Hope Research Fund has already raised more than \$14.9 million towards our goal, with another \$6.53 million added in pledges. Read more on page 18 about how the Hope Research Fund supports some of the country's best minds to undertake ground-breaking research projects.

#### **Inaugural Giving Day**

On 23 February 2023 we held our inaugural Giving Day, where our tireless staff hit the phone banks, speaking to many of our generous supporters and raising \$145,000 in just 24 hours. This incredible sum was bolstered by dollar-for-dollar matched donations from generous long-standing donors.

Dollars raised on Giving Day help fund our Information and Support Centre's invaluable staff and resources.

#### Shine a Light on Lung Cancer

In November 2022, during Lung Cancer Awareness Month, the Shine a Light on Lung Cancer campaign returned for its 11th year. This campaign invites every Australian to support those touched by lung cancer, to fundraise and join us for a Shine a Light Walk held in locations across the country.

Over 650 people across Australia participated in Shine a Light and we raised an incredible \$189,000 to support lung cancer research and support programs.

## Our five-year progress

Lung Foundation Australia's five-year strategy aims to transform and modernise our organisation. We're equipping ourselves to better support the one in three Australians living with lung disease or lung cancer.



#### Future goals: requires increased investment

- Improve financial sustainability by achieving annual operating surplus, excluding bequests
- Create and sustain 150 lung health support groups particularly in regional and remote communities
- Named a charity leader in environmental sustainability and 100% carbon neutral
- Recognised as a Charity of Choice and Not for Profit Leader.

#### On track

- Increase the number of Specialist Lung Cancer Nurses to 100 in areas of highest need
- Advocate for all 21 recommendations in the National Strategic Action Plan for Lung Conditions
- Hope Through Research Strategy investing a minimum of \$5 million per annum in key research priorities areas
- Hope Research Fund reaches \$50 million by 2030
- Strengthen COPD-X Guidelines, reducing hospital admissions and readmissions by 20%
- Recruit and retain 1,500 volunteers and supporters as valued advocates
- Build on our 150+ submissions to government with over 80% success rate, targeting affordable access to medicines and treatments
- Embed our Consumer Engagement Strategy, increasing community participation in our work.

#### **Achieved**

- Closing the Gap Lung Health Plan in place
- Secure a National Targeted Lung Cancer Screening Program
- Contribute to national policy debate on air quality, lung health and lung cancer
- Grow health professionals' partnerships to 1500 active supporters
- Government investment in Lung Foundation Australia's programs and services increases to \$2.5 million per annum
- Proactive national preventative health campaigns including immunisation, Healthy Lungs at Work, smoking cessation and QUIT
- Be an Employer of Choice with staff engagement scores (passion and progress) above 90%.

## Driving policy reform in lung health

As Australia's leading voice on lung health issues, Lung Foundation Australia works in partnership with our members, respiratory clinicians and other experts, to develop position statements, submissions, policy and budget proposals on matters affecting the lung health of Australians.

This year we received vital government funding to address priorities outlined in the National Preventive Health Strategy. The funding saw us rapidly scale up existing infrastructure and capacity to support priority areas for policy change. This includes increasing our work in areas including lung cancer screening, tobacco and e-cigarette control, immunisation, occupational lung disease and air quality.

#### Our impact in 2023



#### Prevention and risk reduction:

contribution to tobacco legislation reform including a crackdown on vaping.



**Awareness and stigma:** promotion campaigns including Lung Health Awareness month, the Lung Health Checklist and reducing stigma.



**Equitable access and care:** ensuring consumer voices are heard and valued in policy decisions, including new medicines, the Australian Cancer Plan, and other leading government strategies.



**Research and monitoring:** support for the National Occupational Respiratory Disease Registry and increased investment in lung disease research.



**Cancer Screening Program:** a soon-tobe reality which will set Australia as the global leader.



**Building strong networks:** leading sector-wide advocacy on issues including COVID-19 and long COVID-19.

#### **COPD Blueprint launch**

Lung Foundation Australia were proud to launch the first national blueprint for COPD, Transforming the agenda for COPD: A path towards prevention and lifelong lung health in late 2022. The report highlights the major public health issues and high prevalence of COPD in Australia and provides the government with five urgent actions to drive significant and positive change.

The five recommendations for reform to improve outcomes for thousands of families impacted by COPD include:

- Lifelong prevention of COPD
- · Early and accurate COPD risk identification and diagnosis
- Community management
- Acute care management
- COPD research and translation.

Much more remains to be done and Lung Foundation Australia will continue to advocate for these reforms for a future where more Australians have the support and services available to better manage their condition and live well.

Scan here to read the COPD Blueprint.





## Stacey's story

When Stacey Allerton broke her leg at home earlier this year, she had no idea it would lead to a lung cancer diagnosis.

"It was devastating to learn that it had happened because lung cancer had spread and weakened my bones," Ms Allerton said.

Now undergoing treatment, Stacey was heartened to learn that lung health was firmly in focus in the recent Federal Budget, with a \$263.8 million investment announced for a targeted National Lung Cancer Screening Program over four years from 2023-24.

The National Targeted Lung Cancer Screening Program is a momentous step forward for all Australians; it gives much more than hope, it gives a second chance at life. It is the first major cancer screening program to be implemented in Australia in decades and will undoubtedly follow the success of breast, cervical and bowel cancer screening.

"It gives so much hope, that because of this pilot program thousands of Australians will have their lung cancer detected earlier. And it will really contribute to the de-stigmatisation of lung cancer because it allows the huge impact lung cancer has in our community to be more fully recognised," said Stacey.

Stacey is one of the many in our community who lent their voice to Lung Foundation Australia's advocacy

"With this announcement I know that 12,000 lives will be saved over the next ten years which is something I am incredibly proud to have contributed to, even in a small way."

For more than five years Lung Foundation Australia have advocated for a program to help address the inequity outcomes for lung cancer, Australia's biggest cancer killer, and we are so proud to finally say we have achieved that goal alongside our passionate supporters.

With this announcement I know that 12,000 lives will be saved over the next ten years which is something I am incredibly proud to have contributed to, even in a small way.



## Our fight against preventable disease

With the insidious rise of vaping, especially amongst young people, we are doubling our resolve to not let history repeat itself by allowing tobacco and vaping companies to suck in another generation.

We are proud to have contributed to the 2023-2030 National Tobacco Strategy, which includes a key plan to reduce Australia's daily smoking rate to under 5% by 2030- an ambitious target with the rate currently at 11%.

The Government's \$63 million investment announcement in public health campaigns to combat vaping and smoking rates is an excellent outcome and we will work to ensure the message is empowering and doesn't stigmatise smokers or vapers. We need to educate and lead with empathy

when it comes to fighting Big Tobacco's greed-driven assault on public health.

Lung Foundation Australia will work with all Australian governments to urge wholehearted support of the National Tobacco Strategy. This includes coordination between jurisdictions, with reforms including action towards increasing access to evidence-based cessation services and toward the Tackling Indigenous Smoking program.

While being a leading voice for policy change, we also continue to develop and share information and resources for the community. Several resources were co-designed on the harms of vaping and the benefits of protecting lung health, which have received positive acclaim.

We continue to expand our impact and raise the importance of protecting lung health. Our campaigning to raise awareness of early symptom awareness and diagnosis saw 105,260 community members complete the Lung Health Checklist. **Scan here to view the checklist.** 





#### Occupational lung disease

The emerging crisis presented by silicosis, which currently has no cure, will affect thousands of Australians over the next few years. We are taking action to help halt the tide of this entirely preventable disease.

Lung Foundation Australia received \$3.9 million in federal government funding in FY22/23 to deliver more support for Australians living with, or at risk of, dust-related diseases. We were proud to be appointed to facilitate the development of the National Silicosis Prevention Strategy 2023-2028 and accompanying National Action Plan to work toward eliminating this devastating disease.

#### Five priority areas for action:

- Workplace risk reduction
- Education and awareness
- · Health monitoring
- Screening and surveillance
- · Governance, research and development.

Our grant enables a yearly National Silicosis Prevention and Awareness Campaign to increase worker knowledge of the risks of working with silica-containing materials. This includes an online interactive questionnaire helping workers understand respiratory hazards in their workplaces and reflect on safety practices.

## Our health professional programs

This year Lung Foundation Australia delivered health professional facing programs and initiatives in response to recommendations of key strategic and policy frameworks including:

- The National Strategic Action Plan for Lung Conditions
- The Next Breath: Accelerating Lung Cancer Reform in Australia 2022-2025
- Transforming the agenda for COPD: A path towards prevention and lifelong lung health
- · COVID-19: A roadmap for recovery.

These programs upskill and build the capabilities of Australian healthcare professionals so they can deliver higher quality care for people living with lung conditions and ultimately improve their health outcomes.

#### **Education and training**

A \$1.4 million federal funding grant used to develop Australia's first competency-based education and training framework for health professionals launched via the online Lung Learning Hub. Our thanks and



acknowledgement to consortium partners, The Thoracic Society of Australia and New Zealand and Asthma Australia, and several research and peak bodies.

So far, the Lung Learning Hub has achieved:



**40** education activities quality-assured and promoted via the Hub.



**2,807** unique new users.



**566** accounts created.



49 training providers signed up.



**506** health professionals joined.

"The Lung Learning Hub is a one-stop-shop for all of your lung health professional development needs. One barrier primary care professionals face is identifying high quality education and training, and the Hub aims to be the solution to that problem. Health professionals can check their lung health knowledge and skills by completing a self-appraisal against the Lung Learning Framework and explore the collection of high-quality evidence-based training to meet their own individual learning needs."

- Ms Mary Roberts, Clinical Nurse Consultant, Westmead Hospital Australia

#### **COPD-X Guidelines 20th anniversary**

Lung Foundation Australia has always led COPD support and clinical education in Australia - it is in our DNA. We celebrated 20 years of impactful knowledge with the anniversary of the COPD-X Plan: Australian and New Zealand Guidelines for the management of Chronic Obstructive Pulmonary Disease this year. The guidelines have had an incredible resonance, reaching almost a million website views globally.

In addition to the versions published in The Medical Journal of Australia, the COPD-X Guidelines continue as living guidelines on the COPD-X platform, alongside clinical resources like the COPD-X Concise Guide and Stepwise Management of COPD.

#### Recent survey results have found:



**91%** respondents think the COPD-X guidelines are relevant to clinical practice.



**89%** state that it improved their knowledge and understanding.



**85%** felt it supported the delivery of patient-centred care.



**85%** found it relevant across hospital, primary and community care.

## Australian Lung Cancer Conference (ALCC) 2023

Lung Foundation Australia set a bold vision for the future of lung cancer at the ALCC 2023 – Australia's largest multi-disciplinary thoracic cancer conference. The theme, *Towards 2030 – a decade of transformation in lung cancer*, covered breaking research in diagnosis, treatment and survivorship in lung cancer. ALCC provides the multidisciplinary lung cancer community with the opportunity to connect with colleagues, peers, researchers and consumers to advance our shared vision for the future of lung cancer care.



Consumers were integral to the conference as our voices brought another dimension to the scientific content. From the start I was welcomed onto the Scientific Committee and my input was listened to and respected. It was a privilege to have been part of a conference so focused on achieving better outcomes for lung cancer patients and our families.

 Ms Lorraine Tyler, lives with lung cancer, ALCC Consumer Advocacy Subcommittee Chair



#### Conference highlights:

- 450+ delegates
- 97 research abstracts shared
- 40+ speakers
- 4 pre-conference workshops
- Women in Lung Cancer panel.

## Changing lives through research investment

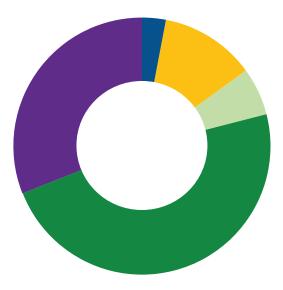
Our Hope Research Program is designed to tackle the underrepresentation of lung disease and lung cancer in funded research studies and clinical trials.

Our multi-pillar strategy, including the Hope Research Fund, prioritises fundraising, direct investment in research grants and awards, sector partnerships and consumer engagement. The program ensures Australia's lung research agenda is shaped by the lived experience of people impacted by lung conditions.

#### Research grants and awards

In 22/23, we invested almost \$2.6 million in innovative research projects through funding grants across a broad range of lung disease areas. This research drives a deeper understanding of the causes, prevalence and impacts of lung disease, as well as new methods of diagnosis, treatments and care models to improve health outcomes and quality of life.

### 33 new Hope Research Grants awarded

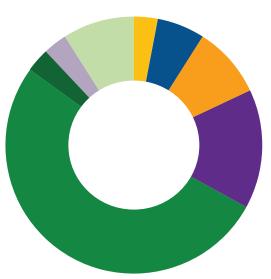


- 1 PhD scholarship
- 4 Early and mid-career awards
- 2 Research innovation grants
- 16 Strategic partnership grants
- 10 Travel grants and abstract awards

View the full list of research award recipients here.



### Funding breakdown via research areas of interest



- 1 Bronchiectasis
- 2 Chronic obstructive pulmonary disease
- 3 Interstitial lung disease
- 5 Pulmonary fibrosis
- 17 Lung cancer
- 1 General respiratory
- 1 Occupational lung disease
- 3 Social inclusion and population health

#### Research outcomes

Translation of health research takes time, however outcome reporting undertaken by our research alumni over the past two years shows research funded by the Hope Research Fund is already having impact at a policy, practice and patient level.

Researchers who have successfully completed their projects have reported:

- · Citation in other policy documents
- Participation in a quidance or advisory committee
- · Contribution to a national consultation or review
- Contribution to new or improved professional practice.

Whilst we have only recently begun capturing these longer-term outcomes, this early data highlights the very real impact of the Hope Research Fund and the high calibre of projects and researchers leading the charge of lung-focused research in Australia.

#### Research partnerships and collaborations

Lung Foundation Australia recognises the value of collaboration to advance lung health research. We were proud to partner with leading lung-health researchers, universities and research institutes on 26 competitive grant applications this past year, with ten of these now successfully funded.



This funding has allowed me to establish a program of lung cancer research, as well as build research collaborations and branch out into qualitative research, including lung cancer rehabilitation. I am now a member on various lung cancer committees and advisory boards which allows me to contribute to the wider clinical and research field, but also facilitates collaborative work.



### **Reconciliation Action Plan**

Lung Foundation Australia were humbly welcomed to our nation's Reconciliation Action Plan (RAP) program with the formal endorsement of our inaugural Reflect RAP in 2023.

Our RAP will see the organisation increase and step into more meaningful engagement with Aboriginal and Torres Strait Islander communities, to work together to close the gap on lung health.

Our vision for reconciliation is one where Aboriginal and Torres Strait Islander peoples are empowered to exercise their right to good lung health through self-determination. We as an organisation are working to further develop strong, mutually respectful relationships with Aboriginal and Torres Strait Islander peoples.

Lung Foundation Australia continues to engage in reflective practices that consider our ongoing learnings from and with Aboriginal and Torres Strait Islander peoples. We will prioritise how this learning is embedded into our policies, processes and practices to support continual growth and improvement towards reflecting our vision into action.

We have now established a RAP Working Group with representation from all teams and across all office locations that will govern its implementation.

The Working Group will work through the actions and deliverables in the RAP around the key priority areas:



Relationships



Respect



Opportunities



Governance.

To read our Reflect Reconciliation Action Plan in full scan here.







Members of the LGBTIQA+ community have a disproportionately increased risk of lung conditions, including chronic lung disease and lung cancer which is Australia's biggest cancer killer.

As an organisation, Lung Foundation Australia is a proud ally of the LGBTIQA+ community. We are committed to co-creating a national LGBTIQA+ lung health Community of Practice through:



Visibility and building community



Education and connection



Health care partnership



Policy and advocacy



Harnessing research potential.

In FY22/23 we commenced our journey towards active inclusion of and advocacy for lung health in the LGBTIQA+ community with actions including staff undertaking allyship training, development of a custom logo as a visible statement of our support, establishing a steering committee expression of interest and sign-up page for people to receive updates on our LGBTIQA+ initiatives and Ally Network opportunities; and creating an Australian first fact sheet about lung health in the LGBTIQA+ community.

To find out more scan here.



#### Our team and culture

Our people continue to be the heart and soul of Lung Foundation Australia. Their unwavering dedication to improving the lives of those affected by lung disease and lung cancer remains our driving force.

This year, we reaffirm our commitment to investing in and supporting our people, prioritising the cultivation of a safe and inclusive workplace environment. We are steadfast in our mission to empower our employees, fostering a sense of belonging and purpose.

The Lung Foundation Australia team exhibits exceptional dedication to our organisation and its mission. Our most recent annual employment-engagement surveys consistently demonstrate that we outperform industry benchmarks across all evaluated aspects.

Our employee engagement is at 89%, while belief in the values of Lung Foundation Australia stand at a tremendous 100% among our workforce. Their confidence in our shared journey drives us forward.

In response to staff feedback, we have further integrated flexible working arrangements into our standard practices, acknowledging the importance of work-life balance and adaptability beyond the COVID-19 era.

Our online Connection Hub is now a valued space where team members come together socially and celebrate achievements and special events.

We remain committed to the emotional and mental wellbeing of our employees, consumer advocates, and committee members. Our confidential, independent employee assistance program ensures that they have access to the support they need whenever required.

#### Our team and culture



46 staff.



**100%** belief in the values of Lung Foundation Australia.



**89%** achievement in employee engagement.



Voice Project Winner - Best

– Best Workplace 2023.



## Board and governance

The Lung Foundation Australia Board consists of 11 directors who volunteer their expertise and time to help improve lung health and reduce the impact of lung disease for all Australians.

#### **Board members**

Professor Lucy Morgan: Chair

Mr Andrew Churchill: Deputy Chair

**Professor Christine Jenkins AM** 

Ms Kathleen Cummings

**Doctor David Michail** 

**Professor Martin Phillips** 

Ms Angela Ratcliffe

Ms Melissa Le Mesurier

**Professor Sarath Ranganathan** 

**Professor Paul Reynolds** 

**Mr Robert Estcourt** 

Scan to read more about our Board members.



#### **Senior Leadership Team**



Senior Manager - People and Culture

Anneli Bridgment

Senior Manager - Digital Transformation

Danielle Aami

Senior Manager -Occupational Lung Disease and Priority Populations

Elizabeth Early

Senior Manager
- Marketing and
Communications

Paxton Roth

Senior Manager -Information Support Centre

Tonia Crawford

Senior Program Manager COPD

Alicia Goodwin

Senior Program Manager Specialist Lung Cancer Nurses

Nicole Parkinson

## Our Corporate Partners and supporters

#### Government

Australian Government Department of Health and Aged Care

Medical Research Future Fund

National Health and Medical Research Council

Cancer Australia

New South Wales Ministry of Health

Queensland Health

Queensland Stronger Communities Fund

Victoria Stronger Communities Fund

South Australia Health

iCare

#### **Estates**

Allan Walker

**Donald Somers** 

Jennfier Murphy

John Gerard Farrell

Lindsay James Baldy

Margaret Kerec

Marilyn Nelson

Rehle Cheney

#### **Major Donors**

Bonnie Boezeman AO

Carmel Murphy

**Emily Pow** 

Kevin Cosgrave

Brent and Vicki Emmett

Tony and Gai Wales

Lynn Yager

Nathalie Quinlivan

Martin Baumber

Richard and the late Helen Irving

Joan Whyte

Rabia Manchanda

**Bruce Noble** 

#### **Grants, Trusts and Foundations**

**Bupa Foundation** 

Dimmick Charitable Trust

Elaine Walters Foundation

Frost Family Endowment

icare

Lung Ambition Alliance

Perpetual Limited

Robert Fergusson Family Foundation

The Lyone Foundation

Woodend Foundation

Murrumbidgee PHN

## Corporate Donors and Community Partners

**SHAPE** 

Finer Power Transmission

4D Medical

Centenary Rebekah Lodge I.O.O.F

**Evolve Skate Store** 

Australian Blouza Association

**Fivex** 

## Community Fundraising Partners

Margie Lawrence

Annette Graham

Rebecca Marsh

Sarah Latham

Siobhan Dormer

Anita McGrath

Anne Fidler

Alison Bolton

Stacey Allerton

Alexandra Old

Sarah Davis

Lorraine Tyler

Antonietta Caruana

Melanie Alcorn

Tania Gray

Patrizia Zandona

Mandy Gray

Amanda Muxworthy

Ross Sottile

Rhiannon Fox

Adriana Ivtingioski

Melissa Brookes

June Williams

Donna Grieve

Ineka Kelana

Elena Mcavoy

Belinda Ranse

Susana Lloyd

Aboriginal Land Council - La Perouse

Maus Grant

Trail to Triumph - Ultra Marathon for Mesothelioma

Jacob Lynch

Kane, Tahlia, Kiara and Harper Morris

The Cassy Morris Foundation

#### **Corporate Partners**

A.Menarini Australia

Amgen Australia

AstraZeneca Australia

Beigene

Boehringer Ingelheim

Bristol-Myers Squibb Australia

GSK Australia

Insmed

Janssen & Johnson and Johnson

Medical Developments International

Merck Sharp & Dohme

Merck Healthcare

**Novartis** 

Pfizer Australia

Pulmonx Australia

Roche Australia

Sanofi Australia

Takeda

Zambon

#### Research Collaborations, Universities, and Institutions

Austin Health

Curtin University

Edith Cowan University

Menzies Research Institute Tasmania

Menzies School of Health Research

Monash University

Newcastle University

Queensland University of Technology (QUT)

**RMIT University** 

Sir Charles Gairdner Hospital

Sydney Catalyst Translational Cancer Research Centre

The Children's Hospital at Westmead

The Garvan Institute for Medical Research

University of Newcastle

University of South Australia

University of Sydney

University of Tasmania

University of Technology Sydney

University of Western Australia

Walter & Eliza Hall Institute of Medical Research

Woolcock Institute of Medical Research

## Research and Health Partnerships

Australasian Bronchiectasis Consortia

Australian Chronic Disease Prevention Alliance

Australian Patient Advocacy Alliance

Better Breathing Foundation

Centre of Research Excellence in Pulmonary Fibrosis

Centre of Research Excellence - Treatable Traits

Thoracic Society of Australia and New Zealand

Lung Health Alliance

Lung Cancer Clinical Quality Data Platform (LUCAP)



### **Financials**

I am delighted on behalf of the Board's Finance, Audit and Risk Management (FARM) Subcommittee and Lung Foundation Australia's Investment Subcommittee to present Lung Foundation Australia's financial performance as of 30 June 2023. Our year end surplus was \$45,459 vs last year's deficit of \$1,479,223 (which included an unrealised loss on financial assets of \$1,256,985).

The turnaround is due in part to increased fundraising and grant revenue aided by growth in Lung Foundation Australia investment portfolio.

Lung Foundation Australia remains in a strong financial position to continue to achieve our goals and objectives. The Investment Subcommittee continues to advise the Board and ensure the maximum amount is flowing to research activities.

The Hope Research Fund for Lung Health invested over \$2.87 million in lung disease and lung cancer research over the financial year. The Board invested a further \$800,000 in programs in chronic obstructive pulmonary disease, peer support and Lungs in Action groups. Pleasingly Lung Foundation Australia secured several new multiyear grants to grow our organisational footprint particularly in occupational lung disease and specialist lung cancer nursing.

The FARM Subcommittee has carefully monitored our administration and fundraising expenses (8.08% and 13.2% respectively) to ensure funds for programs, services, lung health awareness and research were maximised.

I acknowledge the members of both the FARM and Investment Subcommittees for their significant contribution of time and expertise and thank each one, together with our donors and supporters for a successful year in review.

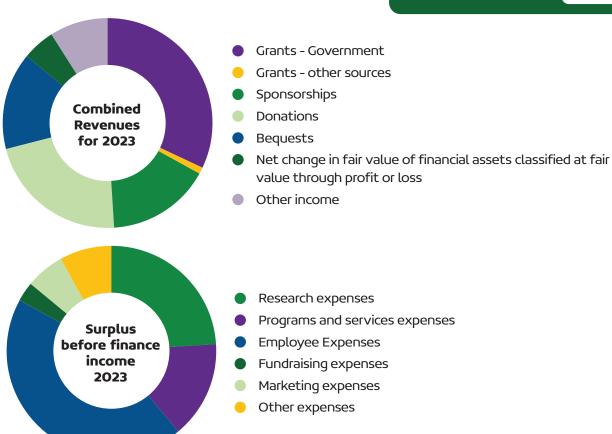
#### **Andrew Churchill**

Chair

FARM and Investment Subcommittee

Scan to view the 2022/2023 financial statements.





Lung Foundation Australia statement of profit or loss and other comprehensive income for the year ended 30 June 2023	12 months to 30 June 2023	12 months to 30 June 2022
Grants - Government	3,477,871	1,950,348
Grants - other sources	109,052	1,154,320
Sponsorships	1,762,897	1,963,833
Donations	2,466,855	1,815,267
Bequests	1,634,961	1,057,270
Net change in fair value of financial assets classified at fair value through profit or loss	591,587	-1,256,985
Other income	1,011,141	1,298,407
Total revenue and other income from continuing operations	11,054,364	7,982,460
Research expenses	2,692,313	2,182,171
Programs and services expenses	1,651,113	1,602,915
Employee Expenses	4,771,416	3,784,341
Fundraising expenses	349,476	444,706
Marketing expenses	645,840	699,035
Other expenses	898,747	748,515
Surplus / (deficit) from continuing operations before finance income	11,008,905	9,461,683
Net surplus / (deficit)	45,459	-1,479,223
Lung Foundation Australia statement of financial position	12 months to	12 months to

Lung Foundation Australia statement of financial position As at 30 June 2023	12 months to 30 June 2023	12 months to 30 June 2022
Total assets	11,217,702	10,189,712
Total liabilities	5,030,180	4,047,649
Net Assets	6,187,522	6,142,063
Equity	6,187,522	6,142,063

## How you can support us



#### Leave a gift in your Will

A gift in your will is a gift of hope to future generations. A hope that one day a cure can be found and that Australians living with lung disease and lung cancer will be able to live their best lives. Every gift, no matter what the size, makes a powerful difference to the future of millions of current and future Australians living with devastating lung conditions.



#### Give a regular gift

Regular giving is a simple and effective way to help make a real difference to our work in the areas of awareness, education, support and research into lung disease and lung cancer. Your regular monthly donation helps us plan for the future. The security we receive through ongoing funding allows us to reduce administration costs, in turn ensuring that every donated dollar goes even further.



#### Philanthropy and partnerships

We are proud to partner with philanthropists, companies, trusts and foundations whose values are aligned with ours. We believe that all partnerships should have impact. We work closely with our corporate and philanthropic partners to make sure that their investments continue to deliver on their objectives.



#### Become a member

You don't need to be a member of Lung Foundation Australia to access any of the information or services we offer. However, by becoming a member you provide us with much-needed ongoing support. In return, you will join a nationwide community of health professionals, researchers and individuals all striving to improve care for the seven million Australians impacted by lung disease and lung cancer.









Lung Foundation Australia,

Free call 1800 654 301





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