



Facilitator's guide:

Lung Cancer Education Toolkit

***For Aboriginal and
Torres Strait Islander
Health Workers***



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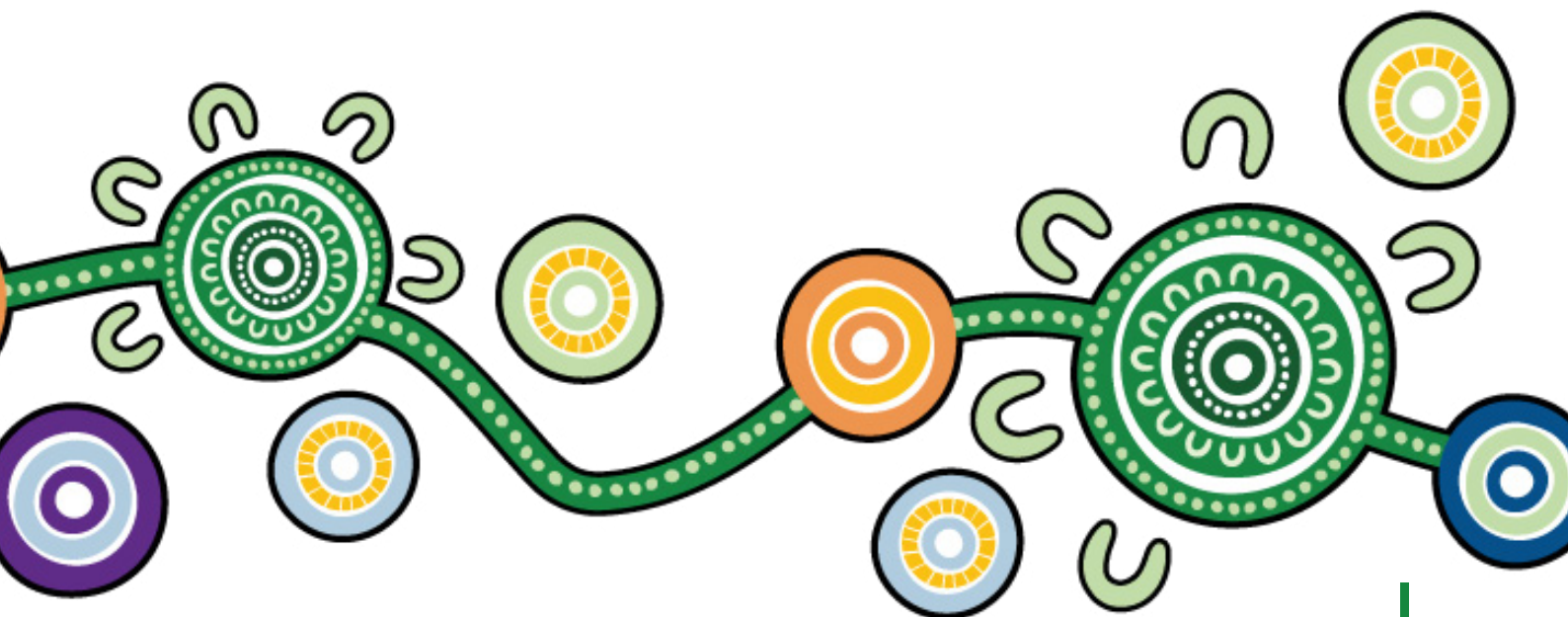


Introduction

Welcome to the Lung Cancer Education Toolkit, designed to empower Aboriginal and Torres Strait Islander Health Workers with essential knowledge and resources to educate and support their clients in preventing and managing lung cancer.



This guide will walk you through the components of the toolkit and provide guidance on how to effectively use them in your community.



Toolkit components

Aboriginal and Torres Strait Islander e-Learning Module:

- Duration: Approximately 45 minutes
- Platform: Lung Foundation Australia Learning Management System (LMS) - LearnUpon.

This e-learning module serves as the foundational educational resource for Health Workers. It covers topics including lung cancer introduction, risks, prevention, screening, treatment, and support.

We encourage you to complete this module first to gain a comprehensive understanding of lung cancer and its impact on the community.



Information sheets for clients:

- Five handouts covering risk factors, prevention strategies, and support services
- Consolidated information from the e-learning module and PowerPoint presentation
- Provided in PDF format for easy printing.

You can distribute these informative handouts to clients, reinforcing key messages and providing tangible resources for ongoing reference.

Powerpoint presentation:

- Culturally appropriate graphics and key talking points
- Suitable for one-on-one sessions, community presentations, or clinic waiting room rotations
- Editable format for clinic personalisation; available in PDF for printouts.

You can use the PowerPoint presentation in conjunction with the e-learning module or as a standalone resource. The simplicity of one key message per slide makes it user-friendly and effective for community education.



Storyboard:

- Provides a snapshot of how lung cancer impacts Australian First Nations People
- Data sourced from The Australian Institute of Health and Welfare, the Australian Government, and community members
- Informs the development of learning modules and toolkit.

The storyboard offers a visual representation of the impact of lung cancer, providing context for Health Workers and reinforcing the importance of their role in prevention and support.



Implementation guide

🕒 Step one: Familiarise yourself with the toolkit

Take the time to explore each component of the toolkit thoroughly. Understand the content of the e-learning module, review the PowerPoint presentation, and familiarise yourself with the information sheets for clients. This foundational knowledge will empower you to effectively share the information with your community.

Notes:

🕒 Step two: Accessing the e-learning module

Before you work through this with your client, you need to complete it yourself first.

1. Log in to LMS (LearnUpon):

Use your provided credentials to access the e-learning module.

2. Complete the module:

Go through the e-learning module at your own pace, ensuring a comprehensive understanding of lung cancer and its various aspects.

Notes:



Implementation guide

Using the e-learning module as a tool for client education involves a thoughtful and collaborative approach. Here's a step-by-step guide on how you can effectively work through the e-learning module with your clients:



1: Introduction

Establish a comfortable environment:

Ensure a comfortable and private space for the session, allowing the client to focus on the material without distractions.

Explain the purpose:

Clearly communicate the purpose of the e-learning module, emphasising that it aims to provide valuable information about lung cancer, its risks, prevention, and available support.



2: Accessing the e-learning module

Navigate to the learning platform:

Log in to Lung Foundation Australia's Learning Management System (LMS) using your credentials.



3: Engage in joint learning

Navigate through the module together:

Progress through the e-learning module together. Encourage the client to actively participate by reading, watching, and interacting with the content.

Pause for discussion:

Periodically pause to discuss key points, answer questions, and ensure the client comprehends the material. This interactive approach fosters a deeper understanding.



4: Relate content to personal experience

Encourage sharing:

Create an environment where the client feels comfortable sharing their thoughts or experiences related to the content. This can enhance engagement and personalise the learning experience.

Connect module content to real-life scenarios:

Relate the module content to the client's personal experiences or the experiences of others in the community. This connection can enhance the relevance and applicability of the information.



5: Address questions and concerns

Ask for questions:

Encourage the client to ask questions as they arise. This ensures clarity and allows you to address any uncertainties immediately.

Clarify misconceptions:

If there are any misconceptions or misunderstandings, take the time to clarify and provide additional context.





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6: Reinforce key takeaways

Summarise key points:

Summarise the main takeaways from each section, reinforcing critical information.

Emphasise actionable steps:

Discuss actionable steps the client can take based on the information learned, whether it's adopting healthier habits or seeking further medical advice.



7: Assess understanding

Interactive assessment:

The e-learning module includes quizzes and reflections, encourage the client to complete them to reinforce their understanding.

Ask for feedback:

Gather feedback from the client regarding their experience with the module and address any additional questions or concerns.



8: Provide additional resources

Share supplementary materials:

Offer additional resources, such as printed information sheets or the PowerPoint presentation, to complement the e-learning module content.

Highlight support services:

Ensure the client is aware of available support services for further assistance.



9: Follow-up and reinforcement

Schedule follow-up sessions:

Plan for follow-up sessions to reinforce key concepts and address any new questions or concerns.

Encourage independent learning:

Empower the client to revisit the e-learning module independently for ongoing learning and reference.

Working through the e-learning module with your clients is a collaborative process that enhances their understanding of lung cancer-related topics.

By actively engaging in discussions, addressing questions, and connecting the content to their experiences, you contribute to a more personalised and impactful educational experience for your clients.

Notes:



Implementation guide

Step three: Utilising the powerpoint presentation

Personalisation:

You may edit the PowerPoint presentation to reflect the unique characteristics of your clinic or community.

Delivery options:

Use the presentation one-on-one with clients, in community education sessions, or as a rotating display in clinic waiting rooms or community.

Step four: Distributing information sheets to clients

Printing instructions:

Print the information sheets in PDF format to distribute to clients as needed.

Client discussions:

Use the information sheets as conversation starters during client interactions, emphasising key points from the toolkit.

Step five: Storyboard understanding

Review:

Familiarise yourself with the storyboard to gain insight into the broader context of lung cancer in Australian First Nations communities.

Integration:

Integrate insights from the storyboard into your discussions with clients, connecting the data to the educational content provided in the toolkit.

Conclusion

The Lung Cancer Education Toolkit is a valuable resource for Aboriginal and Torres Strait Islander Health Workers. By orientating yourself to the toolkit and spending time understanding its contents, you are equipping yourself with the tools needed to make a significant impact on the prevention and management of lung cancer in your community.



Your role is crucial, and this toolkit will become an invaluable asset in supporting your clients on their journey to better respiratory health. Thank you for your dedication to the wellbeing of your community.