

Steps for using the Zonda

1. Open the cover.
2. Open the mouthpiece.
3. Take one capsule from the bottle and place into the chamber.
4. Close the mouthpiece until it clicks. Leave the cover open.
5. Press the side button completely in, and then release. Only do this once. This puts a hole in the capsule so the medicine can come out when you breathe in.
6. Hold the inhaler horizontally but don't tip it upside down.
7. Breathe out gently, away from the inhaler.
8. Place lips around mouthpiece without biting and form a good seal.
9. Breathe in quickly and deeply. You should hear the capsule vibrating inside the inhaler.
10. Take inhaler out of your mouth and hold breath for 5-10 seconds, or as long as comfortable.
11. Breathe out gently, away from the inhaler.
12. Repeat steps 7 to 10 to empty the capsule completely.
13. Open the mouthpiece and tip used capsule into the bin.
14. Wipe the mouthpiece with a dry tissue.
15. Close the mouthpiece and cover.



Note: Do not shake the inhaler.

How do I clean and store the Zonda?

Clean the mouthpiece as needed with a clean tissue. Do not wash your inhaler with water. Store the inhaler in a dry place.

Store the capsules in the bottle in a cool, dry place until it is time to use them. Keep the bottle tightly closed. Do not store capsules in the inhaler.

Check the expiration date on your medicine. Ask your pharmacist how to safely get rid of any medicine you don't need.

If you have any questions about using this inhaler, talk to your doctor, nurse or pharmacist. Your inhaler will come with instructions. Always read these instructions for important information on how to use it.