

# Key adult vaccinations for Australians living with COPD

## COVID-19 booster

Recent COVID-19 booster vaccination found to be highly effective for preventing COVID-19 deaths in Australians aged 65+.<sup>1</sup>



The general recommendation is a free booster every 6 months from age 75; every 12 months from age 65 or from age 18 if immunocompromised.

## Influenza vaccination

Influenza vaccination is associated with significant reductions in influenza-related hospitalisation among people with COPD.<sup>2</sup>



The general recommendation is an annual vaccine that is free for people with COPD.

## Pneumococcal disease vaccination

People with COPD vaccinated against pneumococcal disease are less likely to experience pneumonia.<sup>3</sup>



The general recommendation is 1 dose of a vaccine (PCV) as soon as possible after COPD diagnosis, followed later by 2 doses of a different vaccine (PPV).

## Respiratory Syncytial Virus (RSV) vaccination

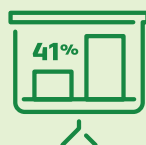
RSV is recorded as responsible for a substantial percentage of outpatient COPD exacerbations.<sup>4</sup>



The general recommendation is a single vaccine dose from age 60 but can be received from age 50 by people with COPD.

## Shingles vaccination

People with COPD are 41% more likely to develop shingles than healthy people.<sup>5</sup>



The general recommendation is two vaccine doses (2-6 months apart) from age 50 or from age 18 for people with risk conditions.

## Whooping cough (pertussis) booster

For Australians aged 50+, those with COPD have higher rates of pertussis than the general population.<sup>6</sup>



Adults who want to reduce their risk may consider a pertussis-containing vaccine. Recommended from age 65 if last pertussis-containing vaccine was 10+ years ago.

**Show this to your doctor. Talk with them about the vaccines that can protect your health.**

Free call Lung Health Helpline 1800 654 301 | [lungfoundation.com.au](https://lungfoundation.com.au) | [enquiries@lungfoundation.com.au](mailto:enquiries@lungfoundation.com.au)

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